



Disaster Preparedness Checklist

Keep your family safe by preparing for natural disasters in advance. Gather the supplies on this checklist to ensure your basic needs are met during times of crisis.

FOOD & WATER	3-day supply of water (1 gallon per person per day)
	 3-day supply of non-perishable food
	Manual can opener
COMMUNICATION & DISTRESS	Battery-powered or hand-crank radio
	Batteries
	Flashlights
	Whistle
MEDICAL	First aid kit
	 7-day supply of prescription medications
	Dust masks
	Garbage bags and twist ties
	Moist towlettes
OTHER	Family documents (passports, birth certificates)
	Baby supplies if needed (formula, diapers)
	Pet supplies if needed (food, collar, leash, ID)
	Wrench and/or pliers
	Local maps